



*Louix Dor Dempriey*<sup>TM</sup>  
F O U N D A T I O N

New Year's Eve Retreat with *Louix Dor Dempriey*  
29 December 2019 – 3 January 2020

## Travel Packing List

*(We offer you this list of suggestions as a packing guide.)*

- ☐ For international travelers: 2 photocopies of all important documentation relevant to this trip e.g. tickets, passport, itinerary, any ID, etc. *(Entrust one set of copies to someone at home, and store the other in your luggage, separate from the originals.)*
- ☐ Dressy outfit for New Year's Eve dinner and celebration
- ☐ Please bring with you a sacred object of your own to place on the altar (this will be returned to you)
- ☐ Camera
- ☐ Sun protection: sunscreen, sunglasses, hat, lip balm
- ☐ Flashlight with extra batteries
- ☐ Swimsuit
- ☐ Warm jacket and sweaters for the evenings
- ☐ Sturdy walking shoes and/or sandals
- ☐ Wrap or blanket (Please bring something for laying on the ground *outside*, as well.)
- ☐ Meditation cushion (optional)
- ☐ Registration Packet
- ☐ Notepad, pen, and journal

**Note:** Please refer to the *General Information* form regarding appropriate attire and other items that will help you prepare for this retreat.